**7th November to 12th December 2025**

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| **Name:**  **Date of birth:** |

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| **Telephone: Home: Permission to contact: Y/N**  **Mobile: Permission to contact: Y/N**  **Work: Permission to contact: Y/N**  **Email: Permission to contact: Y/N**  (this should be accessible confidentially) |

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| **Address:**  **Postcode:** |

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| **Occupation:** |

**Please answer the following questions as fully as you can.**

**The information you provide will be treated as confidential. If accepted onto our training, this form will be kept on your file until you leave CCF.**

**If you are not accepted, this form will be confidentially and securely destroyed.**

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| 1. **Please say why you would like to apply for this course (please provide as much detail as possible):** |
| 1. **What hopes and expectations do you have in relation to this course?** |
| 1. **Is there anything that could affect you attending weekly face to face training?** |
| 1. **Have you ever received counselling/therapy yourself, or are you currently in personal therapy? If yes, please provide details below including modality (e.g psychodynamic, CBT, integrative):**   **Name of therapist(s):**  **Date(s) to and from:**  **Frequency of sessions:** |
| 1. **Have you had any significant illness during the last two years that has required treatment or medication?** |
| 1. **Have you ever suffered from any mental health issues or received help from specialist services? If yes, please provide details:** |
| 1. **Do you have any connection with anyone currently working/studying at CCF or applying for any of our training courses? If yes, please give details:** |
| 1. **Do you have any additional support/learning needs?** |
| 1. **Do you have any previous criminal convictions? If yes, please provide details:** |
| 1. **Where did you hear about this course?** |
| **To the best of my knowledge and belief all the information given in this application is true and I have read and understood the Privacy Statement:**  **Signed:**  **Name:**  **Date:** |

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| **The maximum number of places available on this course is 12.**  **Chelmsford Counselling Foundation reserves the right to cancel the course should it not be financially viable.** |

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| **Chelmsford Counselling Foundation is committed to working towards equality of opportunity, and the requirement to make appropriate and sufficient reasonable adjustments to create a suitably supportive learning environment for applicants with special learning needs.**  **Applicants should discuss any additional information that may be relevant to their application and training experience at interview.** |